Tricks with tetramers: how to get the most from multimeric peptide–MHC
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Linda Wooldridge, Anna Lissina, David K. Cole, Hugo A. van den Berg, David A. Price and Andrew K. Sewell

Department of Medical Biochemistry and Immunology, Cardiff University School of Medicine, Henry Wellcome Building, Heath Park, Cardiff, and Warwick Systems Biology Centre, University of Warwick, Coventry, UK

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*L.W. and A.L. contributed equally to this manuscript.
Correspondence: A. K. Sewell, Department of Medical Biochemistry and Immunology, Henry Wellcome Building, Cardiff University School of Medicine, Heath Park, Cardiff, CF14 4XN, UK. Email: SewellAK@cardiff.ac.uk
Senior author: Andrew K. Sewell

Summary
The development of fluorochrome-conjugated peptide–major histocompatibility complex (pMHC) multimers in conjunction with continuing advances in flow cytometry has transformed the study of antigen-specific T cells by enabling their visualization, enumeration, phenotypic characterization and isolation from ex vivo samples. Here, we bring together and discuss some of the ‘tricks’ that can be used to get the most out of pMHC multimers. These include: (1) simple procedures that can substantially enhance the staining intensity of cognate T cells with pMHC multimers; (2) the use of pMHC multimers to stain T cells with very-low-affinity T-cell receptor (TCR)/pMHC interactions, such as those that typically predominate in tumour-specific responses; and (3) the physical grading and clonotypic dissection of antigen-specific T cells based on the affinity of their cognate TCR using mutant pMHC multimers in conjunction with new approaches to the molecular analysis of TCR gene expression. We also examine how soluble pMHC can be used to examine T-cell activation, manipulate T-cell responses and study allogeneic and superantigen interactions with TCRs. Finally, we discuss the problems that arise with pMHC class II (pMHCII) multimers because of the low affinity of TCR/pMHCII interactions and lack of ‘coreceptor help’.

Keywords: antigen; flow cytometry; peptide-MHC; T-cell; TCR; tetramer

Introduction
T cells detect antigens in the form of peptides bound to self major histocompatibility complex (MHC) molecules at the cell surface. T-cell specificity is determined by the T-cell receptor (TCR), which engages the peptide presentation platform of the peptide–MHC (pMHC) via its highly variable complementarity-determining regions (CDRs). The TCR/pMHC interaction is very weak and classically lasts for no longer than a few seconds at physiological temperatures. Advances over the past decade, however, have produced multimeric forms of soluble pMHC molecules that can be utilized to visualize T cells that bear cognate TCRs. Our laboratory has been involved in refining the utility of these reagents. This process has taught us a number of tricks that have enabled us to optimize pMHC multimers for particular uses. Here we describe some of these techniques, both published and unpublished, and discuss what multimeric pMHC molecules can tell us about certain aspects of T-cell immunity.

The avidity ‘bonus’
In biology, the term avidity is used to describe the combined ‘strength’ of binding of a molecule with multiple binding sites, whereas the term affinity is used to describe simple interactions with 1 : 1 stoichiometry such as classic receptor–ligand interactions. The binding of multivalent molecules, such as antibodies, leads to a considerable ‘bonus effect’ as the result of cooperative interactivity. This effect arises because the probability that all monomeric interactions will dissociate simultaneously is exceedingly small. If one interaction is dissociated, the others remain associated and enhance the probability that the dissociated interaction(s) will reassociate. This ‘bonus effect’ ensures that the avidity far exceeds the sum of the contributing affinities. We have demonstrated the avidity effect for soluble TCR/pMHC interactions by surface plasmon resonance (SPR). For example, the human leucocyte antigen (HLA) A2-restricted A6 TCR, which is specific for human T-cell leukaemia virus 1 Tax11–19, binds to its cognate ligand with a half-life of ~ 7 seconds in SPR experiments performed at 25°C. Tetramerized TCRs, believed to bind three cognate pMHC class I (pMCHI) molecules, bind to the surface of the same BIAcore™ chip (GE Healthcare Ltd, Buckinghamshire, UK) with a half-life of > 2.5 hr (Fig. 1). Thus, the avidity effect of magnifying the monomeric affinities is sufficient to bring even short interactions into a duration range that enables their use for cell surface staining in a variety of applications.

Cell staining with pMHC
The avidity effect of pMHC multimerization was first used for staining T cells in a groundbreaking study by Altman et al. in 1996. Avidin–biotin-based pMHC
tetramers’, still the most common format for pMHC multimers, were used to identify specific T-cell populations directly ex vivo using flow cytometry. Over the ensuing decade, there have been many hundreds of papers describing the use of multimeric pMHC for direct visualization, enumeration, phenotypic characterization, isolation and cloning of antigen-specific T cells; indeed, pMHC multimers have become a regular feature in the immunologist’s tool box.

pMHC multimers have been successfully employed to stain both CD8+ and CD4+ T cells. The use of pMHCI multimers, which stain CD8+ T cells, is more widespread than the use of pMHCII multimers. Accordingly, this review will focus primarily on the use of pMHCI multimers. The use of pMHCII multimers has generally proven to be more problematic; possible reasons for these issues, as well as means to circumvent them, are discussed at the end of this review.

**Multimeric scaffolds**

**pMHC tetramers**

The original avidin–biotin-based ‘tetramer’ platform for pMHC multimers is still the most common in use. These reagents are now easily manufactured in the laboratory or can be purchased from a number of commercial sources. Avidin cooperatively binds four biotin molecules; the resultant tetrahedral nature of the complex makes it unlikely that all four pMHC molecules will engage cell-surface TCR simultaneously, while three of them will readily engage TCRs at the same time (Fig. 2). We use our tetramers for biophysical analysis at the cell surface3 and have therefore been careful to ensure that the reagents we produce are > 99% tetrameric by gel filtration chromatography. For most applications, however, such rigour is not required. Many commercially available preparations of fluorochrome-conjugated (strept)avidin contain oligomers and so produce molecules with higher order valencies than tetramers.4 These higher order valencies potentially enhance T-cell staining and may therefore be beneficial in some settings, although concomitant background increases can be problematic.

**Dimers, pentamers, octamers, dextramers and polymers**

Various other means of pMHC multimerization have been devised. These have been reviewed elsewhere by Bakker and Schumacher.5 Here, we confine our discussion to the most commonly used pMHC multimer format, the avidin–biotin-based tetramer. The issues discussed are likely to be relevant for all multimeric formats.

**The key to cell surface staining**

Regardless of the scaffold used, or valency, the ability of pMHC multimers to stain cognate T cells is likely to hinge on the half-life of the corresponding monomeric TCR/pMHC interactions. For the avidity ‘bonus effect’ described above to come into play, the mean duration of engagement of the first TCR/pMHC interaction must be long enough to allow another pMHC in the multimer to bind. The avidity effect of this dimeric binding will then probably be sufficient to allow other pMHCs in the multimer to bind. The main factor that determines whether a pMHC multimer exhibits stable binding is therefore likely to be the duration of the primary, monomeric interaction with TCR. The on-rate of the interaction at the cell surface will also be crucial to the avidity effect by determining whether a second TCR is engaged during the time that the

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**Figure 1.** Multivalent T-cell receptor/peptide–major histocompatibility complex (TCR/pMHC) binding leads to a considerable avidity ‘bonus effect’ as the result of cooperative interactivity and extends the interaction half-life. Streptavidin was linked to a BIACore™ (GE Healthcare Ltd) CM-5 chip by amine coupling, biotin-tagged pMHCI was loaded onto each flow cell, and data were collected at 25°C with a flow rate of 5 μl/min. Five microlitres of biotinylated TCR monomer at 1 mg/ml and 25 μl of TCR tetramer at 50 μg/ml were flowed over all flow cells. Negligible responses were observed to non-cognate pMHCI for both TCR monomers and tetramers. To facilitate visual comparison of monomer and tetramer binding events, the much larger monomer response values were normalized to the peak values for the tetramers. Kinetic binding parameters for the tetramers were estimated using BIAEValuation™ software as described in ref [1]. There are two apparent off-rates for the TCR tetramers: (1) a minority fast off-rate thought to correspond to those tetramers binding less than three antigens; and, (2) a slow (true) off-rate for those tetramers probably binding three pMHCI molecules. The latter half-life is shown. Some irreversible binding of biotinylated TCR monomers is observed owing to incomplete blocking of the streptavidin-coated chip surface with soluble biotin. Representative data are shown. Curves are the best fit of the model described in.1 Data reproduced from1 with permission.
first TCR remains bound. In the environment of the T-cell surface, this on-rate is likely to be highly dependent on whether another TCR is available for binding to a second pMHC molecule. The availability of further TCRs is, in turn, likely to be dependent on both the amount of TCR on the T-cell surface (which can vary by over an order of magnitude) and its ability to diffuse within the lipid bilayer. Recent reports have suggested that some TCRs on the T-cell surface may exist as preformed multimers. If present, such TCR clusters may be expected to be considerably better at binding pMHC multimers than dispersed monomeric TCRs, with potentially dramatic effects on the resulting staining patterns.

Three pMHCs are more than enough

Higher order multimers (pentamers, octamers, dextramers and polymers) will generally have longer interaction half-lives at the cell surface than tetramers. However, when staining is performed at physiological temperatures, pMHC multimers are rapidly internalized. Under these conditions, the potential advantage of longer multimer dwell times is largely irrelevant to the amount of pMHC multimer captured from solution. Tetramers, which are thought to engage three different TCRs, are therefore more than sufficient for most staining applications; indeed, in many cases, a simple pMHC dimer is effective.

What do tetramers stain?

Despite extensive work with pMHC multimers, there has been no systematic attempt to define the exact characteristics of the TCR/pMHC interaction that render a cell amenable to multimer staining. We have recently described a range of altered peptide ligands for a monoclonal T-cell that recognizes the HLA A2-restricted peptide ILAKFLHWL derived from human telomerase reverse transcriptase (hTERT). These ligands exhibit a spectrum of activation profiles from superagonism through to weak agonism and bind to the cognate TCR with a wide range of affinities ($K_D$ from 3 to > 250 μM); this range is further extended by the weak agonist 8E variant (ILAKFLHEL), which exhibits a remarkably low affinity that lies on the threshold of detection by SPR ($K_D$ ~ 2 mM). These agonist ligands for the same TCR therefore vary in their binding affinity by well over 100-fold and this has
enabled us to quantify the requirements for tetramer staining and T-cell activation in this system.10

**Tetramer staining is dependent on TCR/pMHC affinity**

As described above, the key to whether a T-cell stains with a particular pMHC multimer is likely to reside in whether the duration of the interaction of the first engaged TCR is sufficient to enable the engagement of a second TCR and allow the ‘avidity effect’ to come into play. The probability that binding of a second TCR occurs before the first one dissociates equals \([\text{TCR}]/(\sigma K_D + [\text{TCR}])\) where \([\text{TCR}]\) is the cell surface density of TCRs, \(\sigma\) is a steric factor, and \(K_D = k_{\text{off}}/k_{\text{on}}\) and is the dissociation constant. Affinity \((K_D)\) is a key determinant of staining intensity. In fact, at relatively low TCR densities, we have \([\text{TCR}]/(\sigma K_D + [\text{TCR}]) \approx [\text{TCR}]/\sigma K_D\); i.e. the probability is directly proportional to both affinity and TCR density. We have used the hTERT system described above to determine that, under ‘normal’ conditions (staining with 10 \(\mu\)g/ml tetrameric pMHCI at 37°C for ~ 30 min), a TCR/pMHCI interaction of \(K_D \leq 40 \mu\text{M}\) is required to observe good tetramer staining (Fig. 3). This direct comparison of the requirements for tetramer staining and for T-cell activation10 may help to explain some of the anomalies in the literature described below.

**Poor tetramer staining of anti-tumour and autoimmune T cells**

Our recent biophysical analysis of the binding properties of 14 different human TCR/pMHCI interactions12 indicated that TCRs directed against self antigens (ubiquitous tumour-derived or autoimmune epitopes) bind with a lower affinity than those directed against pathogen-derived (non-self) epitopes. This distinction was not wholly unexpected because it is known that the process of negative selection in the thymus culls T cells that exhibit strong interactions with self antigens. The apparent correlation between tetramer staining and monomeric TCR/pMHCI interaction affinity10 suggests that, in general, it will be more difficult to stain T cells specific for self antigens compared to T cells directed against non-self antigens. This concept is supported by work in the murine system, which suggests that T-cell responses dominated by relatively low-affinity TCR interactions, such as those that target ubiquitous tumour-derived or autologous

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Tricks with tetramers

Figure 3. The T-cell receptor/peptide–major histocompatibility complex (TCR/pMHC) interaction threshold for tetramer staining varies with CD8 engagement and temperature. Staining of cytotoxic T-lymphocyte (CTL) clone ILA1 with seven different human telomerase reverse transcriptase (hTERT540–548) variants, as indicated, refolded with wild-type human leucocyte antigen (HLA) A2 (a) or CD8-null HLA A2 D227K/T228A (b) at 37°C. The mean fluorescence intensity (MFI) values observed with pMHCI tetramer staining are plotted against the TCR/pMHCI interaction \(K_D\) values for experiments conducted at 37°C (c) and 4°C (d) with wild-type HLA A2 and CD8-null HLA A2 molecules for each variant added at a final concentration of 220 nm (10 \(\mu\)g/ml); colour codes correspond to those shown in (a) and (b). Staining with the set of APLs refolded with each type of heavy chain was performed at least three times. Representative data are shown. Curves are the best fit of the model described in Laugel et al.10 Data reproduced from10 with permission.
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antigens, will be difficult to detect using standard tetramer-based techniques.13,14

Agonism without tetramer staining

Functional T cells that do not stain with cognate pMHC tetramer have also been described in the human system.15,16 Indeed, the TCR/pMHC interaction affinity that allows cell surface staining with tetrameric pMHC can be substantially higher than that required for T-cell activation.10 Normal staining procedures with wild-type tetramers do not necessarily detect all the T cells that can respond to a particular agonist; similarly, not all agonists for a particular T-cell can be identified physically with pMHC tetramers. These potential limitations of pMHC multimer staining have important implications for data interpretation.

The importance of staining conditions

Whether or not a particular T-cell stains with a given pMHC multimer, and thus what a tetramer stains, is strongly dependent on the particular staining conditions and the state of the cells being stained. We have recently discovered several ways of improving tetramer staining and have been able to stain cells with wild-type tetramers where the monomeric TCR/pMHC affinity is significantly lower than we had previously achieved (e.g. K_D ~ 120 µM; Fig. 4). Several factors can be adjusted to improve tetramer staining.

Concentration

The amount of a ligand that binds to a particular receptor is dependent on the concentration of both species. The concentration of pMHC multimer can be readily altered during tetramer staining. It is also possible to vary the TCR density at the T-cell surface.

pMHC concentration

The amount of pMHC tetramer used in staining can have dramatic effects. This is particularly true for weak TCR/pMHC interactions that may fall near or below the dissociation constant for tetramer binding (Fig. 4). In general, the use of high concentrations of pMHC multimer is preferable, although care must always be taken not to approach levels that impact significantly on background staining. However, the use of high tetramer concentrations adds to the expense and makes other forms of optimization described below preferable.

TCR concentration

Recent experiments in our laboratory have shown that it is possible to increase surface expression levels of both TCR and CD8 coreceptor by incubating cells with the protein tyrosine kinase inhibitor dasatinib17 for 3 hr. We have since shown that a short incubation period (~ 30 seconds) with such inhibitors can double the staining intensity achieved with cognate pMHCI tetramers without increasing the staining of non-cognate T cells (Fig. 5).18 The major reason for such a substantial improvement in staining appears to be that dasatinib inhibits the downregulation of TCRs from the T-cell surface following TCR engagements that do not result in the capture of tetramer from solution, although experiments aimed at understanding this effect are still in progress. Regardless of the exact mechanism, these promising results instil confidence that this particular trick to enhance the effective TCR concentration at the T-cell surface will find widespread use in the physical detection of T cells with multimeric pMHC molecules.

Temperature

The temperature at which pMHC multimers are used can also have dramatic effects on staining7 these effects are probably largely the result of whether or not the tetramers are efficiently internalized by cognate T cells. At physiological temperature, pMHC tetramers are rapidly internalized into early endosomes.7 Any tetramer that can associate with the T-cell surface for just a few minutes at 37° will be internalized and subsequently unable to dissociate from the cell during an experiment. In contrast, pMHC multimers are not efficiently internalized at low
Figure 5. Incubation with the protein tyrosine kinase inhibitor dasatinib substantially improves the staining of cognate T cells with peptide–major histocompatibility complex class I (pMHCI) tetramers. (a) A cytotoxic T-lymphocyte (CTL) line specific for the melanoma-derived EAAGIGILTV epitope was stained with cognate human leucocyte antigen (HLA) A2 tetramer at a concentration of 10 µg/ml. (b) The same experiment performed after preincubation of the CTL line with 50 nM dasatinib for 15 min at 37°C. As shown, dasatinib treatment substantially improves the staining of cognate T cells in the line without affecting the staining of non-cognate T cells; this enhancement varies from two to 50-fold and is greatest for the cognate T-cell populations that bind tetramer poorly. Similar results have been observed in a wide range of systems.18

temperatures7 so at low temperatures staining intensity depends more critically on surface-bound, non-internallyized pMHCI multimers, and therefore on the ability of these multimers to remain associated for the duration of the experiment. In our HLA A2 telomerase system, pMHCI tetramer staining is more stringent and requires higher affinity TCR/pMHCI interactions at low temperatures (Fig. 3). We have, however, also described a system where a weak agonist ligand (of unknown affinity and kinetics) was able to stain cognate T cells at low temperature.7 Individual TCR/pMHCI binding combinations can be either enthalpically or entropically driven, but it is not known how such differences manifest themselves in terms of temperature effects on pMHCI multimer staining. In summary, it is not yet possible to predict in general how temperature will affect all systems and, therefore, it is advisable to assess the effects of temperature for each individual system.

Anti-coreceptor antibody

Tetramers are most often used to identify T-cell populations directly ex vivo in conjunction with the relevant anti-coreceptor antibody. Both anti-CD8 and anti-CD4 antibodies can affect tetramer staining.19,20 The effects of human anti-CD8 antibodies occur whether or not the particular pMHCI used for staining is able to engage CD8.19 For the most part, the effects of anti-coreceptor antibodies are disruptive and it is recommended that cells are stained with pMHCI multimer before they are stained with anti-coreceptor antibody.7,19,20 In the murine system, an antibody has been described that enhances tetramer binding.21 We have observed increases in pMHCI tetramer staining of some human cytotoxic T-lymphocyte (CTL) clones with some anti-CD8 antibodies.19 However, such effects are minor, rare and clone-specific, and we are unaware of a reliable, broadly applicable protocol that utilizes anti-CD8 antibodies to improve tetramer binding in the human system.

Applications of pMHCI tetramers

The list of ingenious ways in which researchers have exploited the properties of wild-type and modified pMHCI multimers is ever increasing. By far the most popular applications relate to the visualization, enumeration and phenotypic characterization of antigen-specific T-cell populations by flow cytometry.7 Technology in this field continues to develop apace, expanding the capabilities of polychromatic flow cytometry and so the potential of pMHCI multimer-based approaches in multiplex applications.22 It should be noted that antigen-specific T-cell populations can also be detected by flow cytometry based on cell surface and/or intracellular functional and/or activation markers. By definition, these activation-based methodologies require that T cells respond biologically to antigen before they can be detected. For some applications, the physical detection of T cells using pMHCI multimers offers advantages over activation-based strategies. First, pMHCI multimer detection allows the identification of T cells that bear cognate TCRs but that do not respond to antigen; this may be particularly useful when T-cell populations become exhausted, for example during persistent viral infections.23,24 Second, physical detection with pMHCI multimers enables the characterization of T-cell phenotype in direct ex vivo samples without the requirement to alter that phenotype by antigen-based activation. Overall, the ‘original’ use of pMHCI multimers for the detection of antigen-specific T cells has been amply described elsewhere and will not be considered further here. Other, more recent, applications for pMHCI multimers and mutant pMHCI multimers are described below; by necessity, this discussion is selective.

Tetramers for ‘grading’ T cells

T cells differ in their functional sensitivity

T cells that recognize the same pMHCI antigen are known to differ in their sensitivity to this antigen by several orders of magnitude.25,26 A landmark study in 199626 demonstrated the importance of this phenomenon by showing that CTL grown under conditions of limiting antigen were more sensitive than CTL expanded in the
presence of high antigen densities. These highly sensitive CTL were almost 1000-fold more effective in adoptive transfer experiments at mediating viral clearance in a murine model compared to CTL exhibiting low antigen sensitivity. Numerous studies have subsequently demonstrated that T cells with an inherent ability to recognize very low antigen densities are the most effective at eliminating tumours and viruses in vivo and it is becoming increasingly accepted that the quality of a T-cell response may be just as important as its quantity. Tetramers can be invaluable for ‘grading’ the quality of an antigen-specific T-cell population. To outline these various applications, however, we first need to review some key aspects of the molecular basis of T-cell activation.

Molecular control of T-cell sensitivity

There are several factors that might control the sensitivity of T cells at the molecular level and so explain why T cells with the same specificity require different densities of antigen to trigger activation. In the most obvious explanation, the bona fide ‘avidity’ model, TCRs from highly sensitive T cells bind to antigen with higher affinity than the TCRs from T cells that require higher antigen densities to activate. Higher affinity, longer lasting TCR/pMHC interactions are known to result in a greater sensitivity to antigen. However, it is becoming apparent that TCR affinity is not the sole factor that determines the sensitivity of T-cell activation. Indeed, it has recently been shown that an individual T-cell clone can generate effector cells that exhibit both high and low antigen sensitivities.

There are several potential mechanisms by which T cells with the same TCR might differentially regulate their sensitivity to antigen. First, it is known that the level of TCR on the T-cell surface can vary by > 10-fold. It is not difficult to envisage how a T-cell with a greater TCR density might be better equipped to recognize low levels of antigen. Second, if multivalent forms of the TCR exist, then these TCRs are likely to enhance the avidity of antigen binding because of cooperative effects as described above; so a T-cell with enhanced levels of multivalent TCR might be expected to exhibit a greater sensitivity for antigen. Third, it is known that the location of the TCR on the cell surface is important. Certain cholesterol-rich regions of the plasma membrane (so-called lipid rafts) are known to act as privileged sites for TCR-mediated signal transduction and it is possible that differences in the distribution of TCRs within these regions may also provide an explanation for differences in T-cell sensitivity. A fourth mechanism postulates that different T cells require different thresholds of TCR triggering to activate. The fact that T cells exhibit differential dose responses to anti-CD3 antibody-mediated cross-linking in addition to antigen levels offers some support for such suggestions. The above potential TCR-dependent mechanisms for tuning T-cell sensitivity are not mutually exclusive and could combine with TCR–antigen affinity to regulate the amount of antigen required for T-cell activation.

Uniquely, normal recognition of pMHC antigen by T cells requires the engagement of another, distinct receptor to the same pMHC ligand. The CD8 and CD4 membrane glycoproteins bind to MHC-I and MHC-II, respectively, at sites distinct from the TCR docking platform and are known to boost antigen recognition. CD8 and CD4 play a very different role from other accessory molecules as they ‘coreceive’ the pMHC ligand; because of this distinctive role, these receptors are termed T-cell coreceptors. It is well established that the CD8 and CD4 coreceptors can enhance sensitivity to exogenous antigen by up to a million-fold via the mechanisms described below. Recent data suggest that the CD8 ‘booster effect’ exerts differential effects on the deployment of CTL effector functions and can be varied by T cells to adjust their sensitivity. CD4 may act in a similar fashion.

The CD8 and CD4 coreceptors are known to play a key role in TCR-mediated signal transduction through several mechanisms. These mechanisms include: the recruitment of key protein tyrosine kinases and adaptor molecules involved in early TCR-mediated signal transduction to the cytoplasmic side of the TCR/CD3/ complex; stabilization of the TCR/pMHC interaction at the cell surface by ~ two-fold; enhancement of TCR/pMHC on-rate and the delivery of the TCR to lipid rafts. Pre-existing TCR–CD8 or TCR–CD4 adducts on the T-cell surface would act as one receptor with two binding sites and, a priori, would be substantially better at engaging antigens in productive TCR/pMHC/coreceptor tripartite interactions compared to the scenario in which TCR and coreceptor were spatially distinct on the cell surface before ligand engagement. Indeed, the existence of TCR–coreceptor adducts on the TCR surface might provide an explanation for how CD8 can increase the TCR on-rate and reduce its off-rate, given that the soluble extracellular domains of the TCR and coreceptor do not exhibit cooperative binding to pMHC. If TCR–coreceptor adducts exist, then their differential expression could explain differences in sensitivity to both antigen and CD3 cross-linking.

Early concepts that the role of the coreceptor in determining antigen sensitivity is static have recently been brought into question and it now looks increasingly likely that various mechanisms act to tune the contribution of the coreceptor and allow a T cell to ‘focus’ on a particular agonist ligand within the range of peptide ligands that it is able to recognize. Further topical work has demonstrated that signals from interleukin-7 and other common γ-chain cytokines increase CD8 expression and suggests
that interplay between this cytokine and TCR signalling modulates CD8 expression to ensure that it is inversely proportional to the intensity of TCR signals induced by self antigens. This dynamic feedback loop has been termed ‘coreceptor tuning’ and is thought to enhance CD8 T-cell survival and sensitivity within the limits permitted by self-tolerance.45,60,65

The sensitivity of T cells could be further modulated by varied expression of molecules other than those involved in the act of antigen engagement. Accessory and/or costimulatory molecules such as CD28, LFA-1, ICAM-1, OX40, CD80 and TNF family members like 4-1BBL all have the potential to enhance T-cell sensitivity.62 It is also possible that upregulated expression of key early signal transduction molecules such as p56lck and ZAP 70 could lower the threshold for T-cell triggering. On the flip side, molecules such as CD45 or SHP-1 that can negatively regulate signal transduction63 could also act to alter the level of antigen density required for full T-cell activation.44,64

In summary, it is becoming increasingly apparent that T-cell sensitivity is not only extremely important for a successful immune response, but, moreover, that this sensitivity is dynamically adjusted by several different mechanisms, which may continually act to fine-tune the effectiveness of antigen-specific T cells throughout the course of a normal immune response. The terms high avidity and low avidity have become entrenched in the literature since their first use to describe T cells with a low or high requirement, respectively, for antigen.26 The idea underlying functional avidity in the sense of Alexander-Miller et al.26 is that the signal registered by the T-cell is an increasing function of both the antigen dose and a quality parameter (‘functional avidity’), such that a high antigen dose can compensate to some extent for a relatively low value of the quality parameter. Differences in TCR expression, TCR affinity, TCR valency, CD8 expression, TCR–coreceptor adduct levels and the expression of accessory molecules are all likely to modulate this quality parameter. However, it remains possible that other mechanisms that do not involve ‘avidity’ in the biological sense defined above also act to regulate this parameter. We therefore prefer to use the term ‘functional sensitivity’ rather than ‘functional avidity’ to describe the quality parameter (i.e. how well T cells respond to different antigen densities) as it is almost always the former property that has been measured.

The need for variations in T-cell sensitivity

There is an increasing body of literature suggesting that T cells can exhibit a range of functional sensitivities for the same antigen. This sensitivity is clearly regulated, because early in an immune response a single T-cell has the capacity to produce daughter cells with high and low functional sensitivities.35 T cells with high functional sensitivity are known to kill target cells more rapidly and at earlier times postinfection than cells with low sensitivity.66 As a result, highly antigen-sensitive T cells are better equipped to limit disease spread and must generally be the cells of choice for a robust immune response. Indeed, as discussed above, such T cells have been shown to be the optimal effectors in a variety of systems.26–33 However, there are likely to be circumstances in which the presence of T cells with low antigen sensitivity or a spread of sensitivities will be beneficial. In vitro stimulation of highly sensitive T cells with supraoptimal peptide levels is known to result in apoptosis, while cells with low antigen sensitivities die by neglect if only stimulated with low levels of antigen.67 This suggests that T cells with lower antigen sensitivity may be better suited to cope in the presence of sustained high levels of antigen in vivo. Indeed, many studies appear to support a model where highly sensitive T cells become overwhelmed in vivo by persistent viral infections.68–75 The existence of T cells with a low sensitivity for antigen and/or T cells that encompass the ability to detune their sensitivity might be beneficial to the host under conditions of sustained high antigen densities. The ability of T cells to regulate their own sensitivity may also be important during T-cell development as an early thymocyte is likely to benefit if it is ‘tuned up’ to receive signals from self pMHC. Continu- ed tuning of T-cell sensitivity throughout the lifetime of a T-cell would allow the secondary benefit of regulating maximum sensitivity without autoreactivity.45

Tetramers for the physical grading of T cells based on bona fide avidity

The discovery that the functional sensitivity of a T-cell response is of critical importance to the outcome of immunity has generated huge interest in strategies to induce and detect T cells with high levels of antigen sensitivity. At the other end of the spectrum, it is now clear that the affinity threshold for T-cell activation can extend to very-low-affinity TCR/pMHC interactions that cannot be detected physically with standard tetramer-based approaches.10 We next discuss our recent extensions of pMHC tetramer technology to address both of these issues.

CD8-null tetramers selectively stain CTL with high-affinity TCRs

As described above, the pMHC/CD8 interaction acts to enhance TCR/pMHC on-rate10,50 and decrease TCR/ pMHC off-rate3 at the cell surface. Both of these effects appear modest for monomeric interactions (~ twofold) but can have dramatic effects when it comes to both T-cell activation and tetramer binding. The duration of the TCR/pMHC interaction is critical for TCR triggering.
and T-cell activation and the role of CD8 in extending such interactions is likely to be important in its own right. These effects add to the other important roles of CD8 binding, most notably in signal transduction, to ensure that 'CD8-null' pMHCI molecules are extremely poor T-cell activators. We predicted that the effects of CD8 engagement on TCR/pMHCI interactions would act to extend the range of TCR/pMHCI interactions that are permissive for tetramer staining. Our recent experiments with a series of altered peptide ligands in an HLA A2-restricted hTERT system have allowed us to define the importance of TCR/pMHCI affinity for tetramer binding, as described in Fig. 3, and to examine the role of CD8 in tetramer binding. The seemingly modest, although important, effects of CD8 engagement on TCR/pMHCI interactions are multiplied in the binding of multimeric forms of pMHCI. A pMHCI tetramer is believed to engage three TCRs and three CD8 molecules at the cell surface (Fig. 2). This ensures that CD8 binding affects just the off-rate of tetramer alone by > 10-fold. The net result of these avidity effects is to ensure that CD8-null tetramers act as more stringent tools for the analysis of T-cell populations because they only bind to the cell surface if the monomeric TCR/pMHC interaction exceeds a certain affinity threshold (Fig. 3 and ref. 10). This effect then allows the specific discrimination of T cells that have a high-affinity TCR interaction with the multimerized antigen.

**CD8-enhanced tetramers can identify CTL with low-affinity TCRs**

We have also succeeded in enhancing pMHCI/CD8 interactions without affecting TCR/pMHCI engagement by mutating the CD8-binding domain. Substantial alterations in the pMHCI/CD8 interaction (> 10-fold) bring this interaction into the affinity range of strong TCR/pMHCI interactions. As a result, pMHCI tetramers incorporating such high-affinity CD8 binding efficiently adhere to most CD3+ CD8+ cells and are therefore of limited use for identifying antigen-specific T-cell populations. In contrast, point mutations in the pMHCI/CD8 binding domain such as a Q115E substitution, predicted to add just one further hydrogen bond to the interaction, enhance CD8 binding by ~ 50% and have far more subtle effects. CD8-enhanced (Q115E) tetramers retain specificity but allow the staining of T cells with substantially weaker TCR/pMHCI interactions. As a result, CD8-enhanced tetramers can be useful when examining T cells with weak TCR/pMHCI interactions such as cross-reactive T cells and tumour-specific T cells (J. Melenhorst, unpublished data). Due to their higher overall avidity Q115E tetramers can also be used at lower concentrations than wild-type reagents.

**Physical grading of TCR/pMHC interactions**

CD8-null, wild-type and CD8-enhanced tetramers stain T cells with ever decreasing TCR/pMHC affinities and so afford a method of grading these interactions within a population of T cells (Fig. 6). Under ‘normal’ staining conditions (10 μg/ml tetrameric pMHCI at 37°C for ~ 30 min), these three reagents exhibit a threshold of monomeric TCR/pMHCI interactions that enable staining with approximate dissociation constants of < 30 μM, < 80 μM and > 250 μM, respectively. However, these thresholds are not static because they alter with staining conditions and are continually being improved by application of some of the ‘tricks’ described above. In general, the most stringent staining conditions involve the use of CD8-null tetramers at low concentration and at low temperature whereas the least stringent stains use CD8-enhanced tetramers at high concentration in the presence of certain protein kinase inhibitors. As described above, several factors in addition to TCR/pMHC affinity are likely to control the sensitivity of T cells to antigen density on the target cell surface. Many of these factors, such as TCR expression levels, TCR valency, CD8 expression and TCR–coreceptor adduct levels are likely to affect both the sensitivity to antigen and tetramer staining in a similar direction. To date, our studies of more than 30 TCR/pMHCI interactions have confirmed that the most sensitive T cells bear the highest affinity receptors and are the most independent of CD8 engagement for T-cell activation and tetramer staining. Nevertheless, exceptions to the rule remain possible, which would allow a T-cell with a weak TCR/pMHC interaction to be highly sensitive to antigen.

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**Figure 6.** CD8-null, wild-type and CD8-enhanced peptide–major histocompatibility complex class I (pMHCI) tetramers enable the staining of T cells with increasingly weak TCR/pMHCI affinities. CD8-null, wild-type and CD8-enhanced tetramers require a high TCR/pMHCI affinity to stain cognate T cells. Wild-type tetramers can stain cells with weaker affinity interactions. The extra help afforded by CD8-enhanced tetramers allows them to stain cells when the TCR/pMHCI interaction is even weaker. The use of these three types of reagent enables the grading of T cells based on the strength of their interaction with the soluble pMHCI ligand. Most natural human anti-pathogen TCR/pMHCI interactions fall within a range that allows staining with CD8-null tetramers. Many anti-tumour T cells bear TCRs that interact weakly with pMHCI and thus require CD8 help or enhanced CD8 help to be visualized successfully with tetramers.
One of the most exciting recent developments in the field of adaptive T-cell immunity has been the combination of tetramer technology with TCR repertoire studies to examine the clonotypic architecture of antigen-specific T-cell populations. To conduct reliable studies of TCR usage, the T-cell population of interest must be identified accurately with negligible non-specific background noise and isolated without contaminant events to an extremely high degree of purity; in addition, for RNA-based approaches to clonotypic characterization, the relevant cells must be intact at the time of isolation (i.e. such methods are incompatible with cell fixation/permeabilization techniques). Tetramers are the perfect tools to fulfill these requirements, enabling rapid sorting of antigen-specific T-cell populations by high-resolution flow cytometry to >99% purity with minimal adverse effects on cellular integrity in the short-term. Furthermore, in conjunction with optimized techniques for the comprehensive and unbiased molecular analysis of TCR gene expression, the development of point-mutated pMHC tetramers with altered CD8-binding properties has enabled the direct ex vivo characterization of constituent clonotypes within populations of cognate T cells based on their intrinsic avidity for antigen. Combined with polychromatic flow cytometric analyses of phenotype and function at the single cell level, it is now possible to begin deconstructing antigen-specific T-cell repertoires with the aim of understanding the principles of clonal selection in the periphery; recent advances in this field are beyond the scope of the present discussion, but are well reviewed elsewhere for the interested reader.

Clonotypic characterization of antigen-specific T-cell responses

Tetramers for cloning T cells

The pMHC multimers can also be used to sort-clone antigen-specific T cells (e.g. ref. 90). However, pMHC multimers are known to kill cognate CTL by both activation-dependent, mitochondrial dysfunction and Fas-mediated mechanisms. Our own unpublished observations that highly antigen-sensitive CTL are rapidly killed by pMHC tetramer staining are supported by the studies of Luescher and colleagues showing the selective loss of such cells in Melan A-specific T-cell populations exposed to regular biotin-based tetramers. This study made ingenious use of desthiobiotin (DTB) tetramers. While stable at low temperature, DTB tetramers rapidly disintegrate into their constituent monomers at physiological temperatures in the presence of free biotin. Thermolabile DTB ‘reversible’ tetramers exhibit a greatly reduced capacity to activate and damage CTL and enable the cloning of CTL with an overall higher functional sensitivity and greater susceptibility to apoptosis compared to those that can be cloned with wild-type tetramers. Our recent demonstration that the TCRs from anti-pathogen CTL bind with significantly higher affinity than those of anti-tumour CTLs suggests that anti-pathogen CTLs may be more susceptible to tetramer-induced cell death than the Melan A-specific populations studied by Guillaume et al. Standard pMHC tetramers may be suboptimal for cloning T cells with high levels of antigen sensitivity and so other detection methods, such as antigen-induced activation markers consistent with cell viability or ‘reversible’ tetramers, are preferable for sorting these highly desirable cells.

Tetramers to examine superantigens and alloreactive T cells

The utility of pMHC tetramers will extend to any TCR/pMHC interactions of sufficiently high affinity. As such, these reagents can be used to identify and study allogeneic T cells. Allogeneic interactions have the potential to be even stronger than syngeneic interactions as they have not been subjected to negative selection in the thymus. Several studies have used pMHC multimers to study allorecognition and pMHC tetramers were used successfully to deplete allogeneic T cells and significantly reduce morbidity and mortality from graft-versus-host disease in a murine transplantation model. Similarly, it is also possible that tetramer staining might prove useful for removing specific T-cell malignancies from patient samples before reinfusion.

Bacterially expressed molecules called superantigens are known to cross-link the β chain variable region of some TCRs to MHCII. We have recently demonstrated that such cross-linking is strong enough to enable its investigation using pMHCII tetramer staining of samples directly ex vivo. This technique allows the rapid identification of TCRs that bind and respond to putative superantigens.

Tetramers for T-cell activation

The confounding issue of peptide representation by endogenous MHC molecules

Soluble multimeric pMHC molecules have been used to examine the activation requirements of T cells. However, the possibility of peptide transfer from soluble pMHC molecules to MHC molecules on the surface of the T cells themselves, or other cells in the test sample, was widely ignored in early experiments. As a result, activation of cognate T cells by pMHC monomers was interpreted to mean that monovalent engagement of TCR by soluble pMHC was sufficient for T-cell activation. Several independent lines of evidence have
since brought this interpretation into serious doubt by demonstrating the confounding effect of peptide transfer from soluble pMHC molecules. An examination of the activation of CD8+ T cells expressing the 2C TCR by Stern and colleagues took advantage of the fact that this TCR is known to recognize a variety of different pMHC complexes including the strong agonist ligand H2-K\textsuperscript{b}-SIYRYGL and the potent allogeneic ligand H2-L\textsuperscript{d}-QLSPFPFDL. 2C T cells, which express H2-K\textsuperscript{b} but not H2-L\textsuperscript{d}, were activated by H2-K\textsuperscript{b}-SIYRYGL monomer but not by the stronger binding allogeneic ligand, suggesting that the SIYRYGL peptide might be being transferred to endogenous H2-K\textsuperscript{b} molecules on the surface of 2C T cells. This explanation was further supported by experiments demonstrating that while the activation of 2C T cells that lacked H2-K\textsuperscript{b} expression by H2-K\textsuperscript{b} expressing antigen-presenting cells (APCs) was normal, these T cells could not be activated by monomeric H2-K\textsuperscript{b}-SIYRYGL. Schott et al. have confirmed the confounding role of peptide transfer using the OT-1 system. OT-1 T cells that lacked H2-K\textsuperscript{b} molecules could not be activated by soluble monomeric pMHC. In contrast, H2-K\textsuperscript{b} tetramers, which cross-link TCRs on the T-cell surface, were capable of activating OT-1 T cells that lacked expression of H2-K\textsuperscript{b} molecules. In summary, it appears that T cells can be activated by soluble multimeric pMHC but not by soluble pMHC monomer. However, it is likely that peptide representation from pMHC multimer will account for a proportion of the activation induced by these molecules and researchers must be aware of, and control for, such effects when using soluble pMHC to activate T cells.

**Tetramer-induced activation requires only TCR and coreceptor binding**

Original versions of the kinetic segregation model of T-cell activation incorporated a requirement for T-cell–target cell contact to exclude large cell surface glycoproteins. Some of these large molecules, especially CD43, CD45 and CD148, inhibit T-cell activation and models of T-cell activation that involve segregation of these proteins away from TCR and related signal transduction machinery remain popular. Moreover, it is often thought that secondary costimulation signals from other molecules such as CD28 are an obligatory requirement for T-cell activation. Accordingly, many immunobiologists appear to be surprised by the fact that soluble pMHC tetramers can activate T cells. We have demonstrated that cross-linking cell surface TCR and CD8 with soluble pMHC tetrameric complexes produces a pattern of early tyrosine phosphorylation (within 2 min) that is almost identical to that induced by antigen-pulsed presenting cells. Cross-linking with CD8-null tetramers, or anti-CD3, produces a different intracellular signalling pattern and is substantially less effective at activating T cells, even when CD8 is not required for tetramer binding. Experiments in mice have confirmed the requirement for CD8 binding for tetramer-induced activation.

**Tetramer activation is very sensitive and can induce a full range of effector functions**

Activation of effector CTL by pMHC tetramers can be so potent that cells activate at over 1000-fold lower concentrations of tetramer than is required to visualize even small shifts in mean fluorescence intensity in staining experiments (Fig. 7a,b). Such low amounts of tetramer staining are thought to correspond to just a few engaged tetramers per T-cell and demonstrate the remarkable sensitivity of pMHC multimer-induced T-cell activation. CD8-null tetramers bind to 868 and 003 T cells (Fig. 8) but do not induce activation (Fig. 7c,d). CD8-null reagents are actually less stable than wild-type tetramers and can be used to control for peptide representation. In addition to inducing a normal pattern of T-cell signaling, tetramer activation results in lytic granule release, a full profile of cytokine and chemokine release and the production of a wide range of cell surface activation markers. Figure 7 shows examples of tetramer-induced chemokine production and cellular degranulation; Fig. 8 shows that tetramers can also induce the release of cytokines such as interferon-γ.

**Learning from tetramer-induced T-cell activation**

The activation of T cells by soluble multimeric pMHC molecules has already revealed important information about the requirements for T-cell activation by showing that, at a minimum, activation by antigen only requires multivalent engagement of TCR and coreceptor. In addition, pMHC multimer-induced activation does not require any cell–cell contact as shown by the fact that tetramers efficiently activate CTL under conditions where they are unlikely to contact each other (Fig. 8). Tetramers have already taught us that effector human CTL can be activated in the absence of molecular segregation between two adjacent lipid bilayers, costimulatory signals or classic immune synapse formation; while we do not know if an analogous minimum requirement activation process occurs physiologically, our findings do raise this possibility and so shift the burden of proof toward models of T-cell activation based on an obligatory requirement for such additional processes. Tetramer-induced activation of T cells is also likely to teach us more about the activation process in the future because it enables the study of TCR/pMHC and pMHC/coreceptor interactions in isolation without the problem of
altering the kinetics of these interactions that is inherent to studies using antibodies against these components for cell triggering.

Tetramers to manipulate T-cell responses in vivo

It is possible to envisage several ways in which soluble pMHC multimers might be useful for suppressing unwanted T-cell responses or for boosting desirable responses in vivo. First, such reagents might be used for the ex vivo removal of unwanted T cells, such as allo-reactive T cells, before transplantation.97 Second, pMHC multimers might be used to delete autoimmune T cells. Several studies have indicated that multimerized pMHC can be used to inactivate autoimmune T cells and prevent diseases such as type I diabetes103,104 and arthritis.105 Third, soluble pMHCI reagents administered in vivo can activate antigen-specific CTL106 and prime CTL for a more proliferative response on subsequent exposure to antigen.107 More recent developments have produced ‘suicide’ pMHC multimers by coupling tetramers to alpha particle emitting225 Actinium108 or biological poisons such as the ribosome-inhibiting protein saporin.109 However, it is important to realize that the use of pMHCI multimers in vivo has several limitations as the effect may vary with the magnitude and number of doses administered;107 for example, pMHCI multimers can result in significant T-cell apoptosis4,47,92 and repeated use of these reagents might induce an immune response against the multimerization scaffold itself. The situation is further complicated by the fact that peptide from soluble pMHC can be represented at the T-cell surface in the context of endogenous MHC molecules and result in further activation.78,100 It is therefore important that these issues are addressed before pMHCI reagents can be routinely used for therapeutic applications in vivo.

pMHCI tetramers

MHCI-restricted TCRs are weaker than MHCI-restricted TCRs

A study of 14 different TCR/pMHCI interactions showed that TCR/pMHCI interactions were of significantly higher

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Figure 7. T-cell activation by soluble peptide–major histocompatibility complex class I (pMHCI) tetramers is very sensitive. Tetramer staining ($\square$) and tetramer-induced MIP$\alpha$ (a) and RANTES (b) production ($\blacksquare$) by the 003 cytotoxic T-lymphocyte (CTL) clone specific for the human immunodeficiency virus-derived human leucocyte antigen (HLA) A2-restricted Gag epitope SLYNTVATL (residues 77–85). In each case, staining is only just visible by flow cytometry at a tetramer concentration of 100 ng/ml, whereas tetramer-induced activation occurs at < 100 pg/ml. The 868 T-cell receptor (TCR), which recognizes the same antigen, binds cognate pMHCI with a $K_D$ of < 150 nM by surface plasmon resonance,115 thereby making it the strongest TCR/pMHCI interaction measured to date. Tetramer decay experiments indicate that the 003 TCR binds with even higher affinity.7 These high affinities ensure that tetramer staining of these CTL is virtually independent of CD8 binding. Despite binding well to cells and cross-linking similar amounts of TCR, CD8-null tetramers are unable to induce degranulation of either cell (c,d). CD8-enhanced (Q115E) tetramers are more antigenic that wild-type tetramers (d).
affinity than TCR interactions with MHCII-restricted peptides. Our recent studies of other TCRs have confirmed this difference and highlighted significant differences in the thermodynamics of binding between MHCI-restricted TCRs and MHCII-restricted TCRs (D. Cole, unpublished data). As TCR/pMHC affinity plays such an important role in the binding of pMHC to the T-cell surface, these observations suggest that, in general, it may be more difficult to stain MHCII-restricted T cells with pMHC multimers compared to MHCI-restricted T cells.

The CD4 coreceptor does not stabilize the TCR/pMHCII interaction

The MHCI/CD8 interaction is known to enhance the on-rate and slow the off-rate of TCR/pMHCI interactions. The combined avidity of these effects can substantially impact on tetramer staining (refs 10, 76, 80 and Fig. 6). The pMHCI/CD4 interaction may have similar potential. However, the human pMHCI/CD4 interaction remains below the limits of those reliably detected by techniques such as SPR (A. Sewell, unpublished observations) and reports to date have concluded that the pMHCI/CD4 interaction does not stabilize TCR/pMHCI interactions and plays no role in the binding of pMHCI tetramers.

Potential problems for pMHCI tetramers

There is no doubt that the strength of TCR/pMHCI interactions plays a pivotal determinative role in pMHCI multimer binding at the T-cell surface. The CD8 interaction is able to aid the TCR/pMHCI interaction and reduce the TCR/pMHCI affinity threshold required for tetramer staining three-fold. As described above, TCR/pMHCI interactions appear to be significantly weaker than TCR/pMHCI interactions and CD4 does not help to stabilize tetramer binding in the same manner as CD8. If the rules that govern the binding of pMHCI multimers are similar to those that we have observed for pMHCI multimers, then the combination of lower affinity TCR/pMHCI interactions and a lack of coreceptor help may conspire to ensure that only MHCII-restricted T cells with the very strongest TCR affinities lend themselves to tetramer staining. We regularly use pMHCI tetramers to stain anti-pathogen T cells but have had limited success with the use of these reagents to stain anti-tumour and anti-self (autoimmune) T-cell populations that have lower affinity TCR/pMHCI interactions.

We regularly use pMHCI tetramers to stain anti-pathogen T cells (refs 20, 113 and unpublished results), but have had limited success with the use of these reagents to stain anti-tumour and anti-self (autoimmune) T-cell populations (unpublished) that have lower affinity TCR/pMHCI interactions. Such results are less likely to find their way into the literature and it remains possible that problems with pMHCII tetramers staining of all but the T cells with the strongest TCR affinities are widespread. Ongoing work in our laboratory aims to understand the differences between pMHCI and pMHCII multimer technologies and to close the gap between them; it is hoped that by enabling pMHCII tetramers to stain T cells with lower affinity TCR interactions, we can help these reagents to reach their full potential. Valler and Stern have provided recent discussion on pMHCII tetramers for interested readers.
Conclusions

In the decade since their initial inception, pMHC multimers have become a regular tool in the immunologist’s repertoire and have spawned the formation of several commercial companies. Some of the next generation of pMHC multimers described above have extended the use of these reagents beyond that of simply looking to see whether a particular antigen-specific T-cell population is present in a sample. It is now possible to use pMHC multimers to grade T cells based on TCR affinity for a CTL clone or a high-affinity T-cell receptor. It is now possible to use pMHC multimers to enrich or boost desirable T-cell populations and remove or inhibit undesirable T-cell populations in clinical settings.

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Tricks with tetramers


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